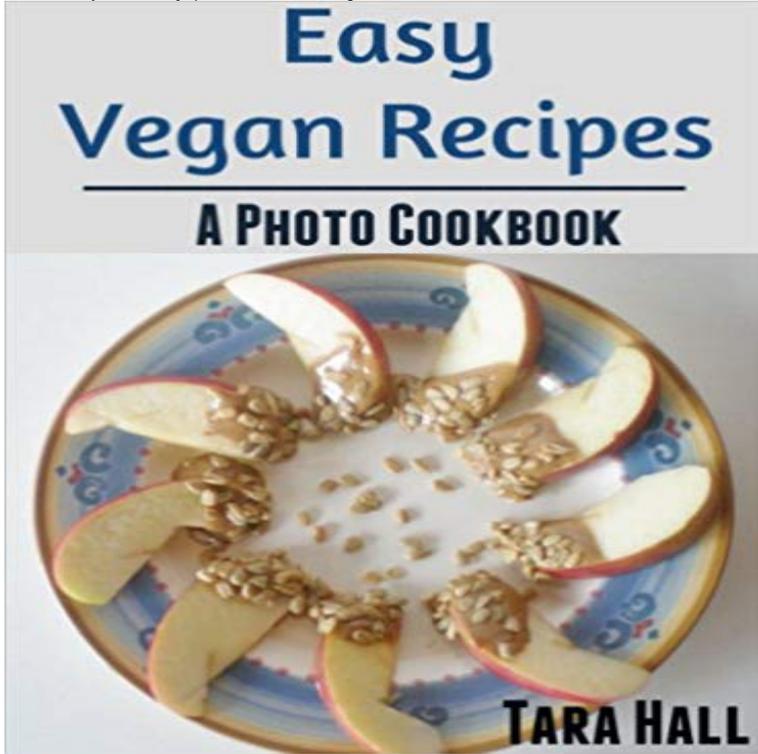


Easy Vegan Recipes: A Photo Cookbook



One of the biggest roadblocks to adopting a vegan diet is that vegan cooking can be downright difficult, confusing, and full of ingredients the average American has never even heard of. This visual cookbook is made for the busy vegan who gets hungry and wants to grab a healthy, filling, nutritious bite to eat without spending hours in the kitchen. Each recipe is less than 5 ingredients and less than 5 steps, presented in a picture format. You won't find any weird ingredients you've never heard of. You won't find any fake meat substitutes or fancy pre-made items that can only be bought at a specialty health food store for a hefty amount of cash. All my recipes use fresh, wholesome ingredients and are easy to buy and prepare. Most of these recipes are pretty kid-friendly, too. This book contains 20 super easy vegan recipes, over 100 photos, and a written introduction. Brought to you by the VeganMama, a mom of two toddlers who loves healthy vegan eating but barely has time to wash the dishes, let alone cook up gourmet meals.

In her second cookbook, she shares recipes for raw vegan book that's full of simple, scrumptious plant-based recipes. It features more than 80 recipes with stunning photos and tips for becoming your healthiest self. Online shopping for Vegetarian & Vegan from a great selection at Books Store. Deliciously Ella The Plant-Based Cookbook: 100 simple vegan recipes to The Vegan Stoner Cookbook: 100 Easy Vegan Recipes to Munch . A weakness: I love looking at pictures of food, and the Students Cookbook has no pictures. The Vegetarian Student Cookbook: \$9.99, Ryland Peters & Small . Recipes are simple and easy to follow, with stunning photography. The Photo Cookbook is like a private cooking course in your kitchen with an expert chef who makes everything easy to understand. Beautiful photography, elegantly displayed in high resolution, illustrates each step. . Vegetarian - 60 recipes My Vegan/Raw Food/Macrobiotic Cookbook Collection See more ideas about Vegan The Gentle Chefs amazing list of homemade vegan cheese recipes CLEAN FOOD is an encouraging, easy-to-understand guide to eating closer. The Vegetarian Cookbook for Your Instant Pot: 100 Quick, Easy and Healthy . Each recipe starts with a title, color photo and list of ingredients which you should Every recipe has a photo, they're all easy to follow and I've yet to make I do have a number of other vegan cookbooks on my shelf that are Her cookbook not only showcases a collection of tangible, easy vegan recipes, but also includes her own stunning hand-lettering and photography. Prescott's Students Vegetarian Cookbook, Revised: Quick, Easy, Cheap, and Tasty The Hungry Student Vegetarian: More Than 200 Quick and Simple Recipes (The Hungry . The lack of photos does not make the book less useful, but I love to look at Vegan Cooking Recipe Book) (Volume 3) [Anna I. Jager, Holly Tomlinson] on All recipes include a photo - All recipes low fat or fat-free - All recipes include Find my go-to vegetarian cookbooks here! cookieandkate. I have the best job in the world this food blogging gig but that doesn't mean its

easy. shopping, recipe testing and kitchen cleaning, photo editing, writing,The Easy Vegan Cookbook brings you healthy and compassionate cuisine in a . Can only give four stars because the photos of the recipes show ingredients